

Newton Conservators **E-Bulletin** Friday, April 5, 2024

... preserving open space and connecting people to nature since 1961

Spring Activities with Newton Conservators!



Seems like April waited a few extra days to fool us this year by reminding us not to put the snow shovels away just yet!

As usual, Newton Conservators has a great lineup of free events for the spring, including webinars, walks, invasive pulls, and other events! Check out our Conservators events, and a few others we thought would be of interest below!

If you have been curious about the sport of **Orienteering** and would like to improve your map reading and navigational skills, we are having two free <u>Orienteering Clinics tomorrow, Saturday, April 6</u>, in cooperation with Newton Parks, Recreation & Culture in Auburndale Park. Despite all the gloomy rain and snowy weather this past week, Saturday morning might

actually be okay before rain starts again in the afternoon. Register online and get your compasses ready!

Don't miss the partial solar eclipse in Newton on the afternoon of Monday, April 8 with maximal lunar coverage of the sun (93%) around 3:30 pm. See more info in our Events listing below.

Then, on **Thursday, April 11th**, we'll have our second spring webinar on the topic "<u>Coexisting with</u> <u>Coyotes in the Suburban Communities</u>" with MassWildlife's Furbearer Biologist **Dave Wattles**. And on **Sunday, April 14th**, you will find us at the <u>Vernal Pool BioBlitz</u> in Nahanton Park with naturalist Jon Regosin.

On Sunday, April 21, come visit our table at <u>Green Newton's Earth Day Celebration</u> at Newton North High School and if you feel energetic, join our <u>Newton Aqueducts Hike</u> in the afternoon, led by Henry Finch.

Make sure to preregister for <u>NewtonSERVES</u>, on Sunday, May 5 at one of our four open space work sites at Cold Spring Park, Dolan Pond, Nahanton Park, or Houghton Garden.

And tickets are now available for our in-person <u>Annual Dinner Meeting</u> on THURSDAY, May 9 at Post 440 where our featured speaker will be Michael Piantedosi, Director of Conservation for Native Plant Trust.

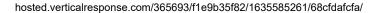
The <u>Spring Issue of the Newton Conservators Newsletter</u> is available on our website, in case you don't receive the printed edition in your mailbox.

Our updated volunteer web page lists current opportunities to help with walks, conservation restrictions, invasive plants, biodiversity, community events, photojournalism, publicity, and even helping with this e-Bulletin! To volunteer for any of these, or talk to us about sharing skills or interests we haven't already listed, please check out https://newtonconservators.org/volunteer/

Hope to see you out and about in Newton's open spaces or at one of our many free events this spring.

Upcoming Events

Saturday, April 6, 2024 10:00 am and 10:45 am Introduction to Orienteering Clinics Cosponsored by: Newton Conservators & Newton Parks, Recreation & Culture Auburndale Cove, 92 W Pine Street, Auburndale, MA, 02466 Leader: Channon Ames, Newton Parks, Recreation & Culture Dept.



Register at: https://newtonconservators.org/events/introduction-to-orienteering-clinic-1/

Join Newton Conservators and the Newton Parks. Recreation & Culture Department for a free "Introduction to Orienteering Clinic." What is orienteering? It's like a hike and scavenger hunt mixed into one. Participants use a detailed map to navigate through the trails, looking for specific orienteering controls.

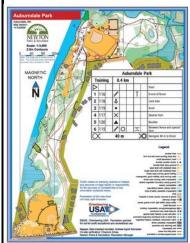
There will be two introductory sessions on Saturday, April 6 with different start times. Session 1 will run from 10 am to 11:30 am and Session 2 will run from 10:45 am to 12:15 pm. Each session will include approximately 30 minutes of



instruction to learn the basic skills needed to complete a beginner orienteering course. The weather is looking good for Saturday morning. Please dress for the weather (outerwear and shoes) and bring your own water bottle and a compass if you have one Maps will be supplied.

Participants will learn about symbols on the map, how to orient the map, tips for planning a better route, thumbing the map to keep from getting lost, and how to be sure you found the correct control on your course. After instructions, participants will head out on their own or in small groups to complete a course in Auburndale Park and Flowed Meadow Conservation area.

This program is best for children ages 7 and older. Children under 13 must be accompanied by an adult. Feel free to bring your own compass if you have one. This course can be completed without a compass, but it can be helpful when orienting the map. Please dress for the weather and bring your own water bottle.



Auburndale Park is the first and easiest course, designed to build confidence in orienteering. It allows users to become familiar with reading a map and following trails to find control markers throughout the park. This is a great course to practice orienting and thumbing the map. The course is approximately 1.8 km long, and features mostly level trails with a few small hills. Note that the controls on this course are all very close or adjacent to existing trails. We will meet at the picnic area in Auburndale Park (aka "the Cove") on West Pine Street, Auburndale, with plenty of parking.

Registration is required so that we have enough maps and compasses on hand. Register for the specific session of interest. You can register up to 3 people together to make a team.

The clinics will be led by Channon Ames, Recreation Manager in the Newton Parks, Recreation and Culture Department. Channon is an orienteering enthusiast and has taught many

people the necessary skills to have fun in this sport. To learn more about orienteering in Newton, please check out Channon's article, "<u>Find Yourself in Orienteering</u>", in the current Newton Conservators Spring 2024 Newsletter. If you have questions, you may contact Channon at <u>cames@newtonma.gov</u>.

It is important that those engaged in orienteering be careful not to tramp through ecologically sensitive locations/habitats such as the edges of ponds and streams or into deep woods, where (however unintentionally) the seeds or roots of invasive species could be transported into areas where those species have not already taken hold. See <u>Jennifer Steel's article</u> in the Fall 2023 Newton Conservators to learn about the need to stick to marked trails on Newton's public lands.

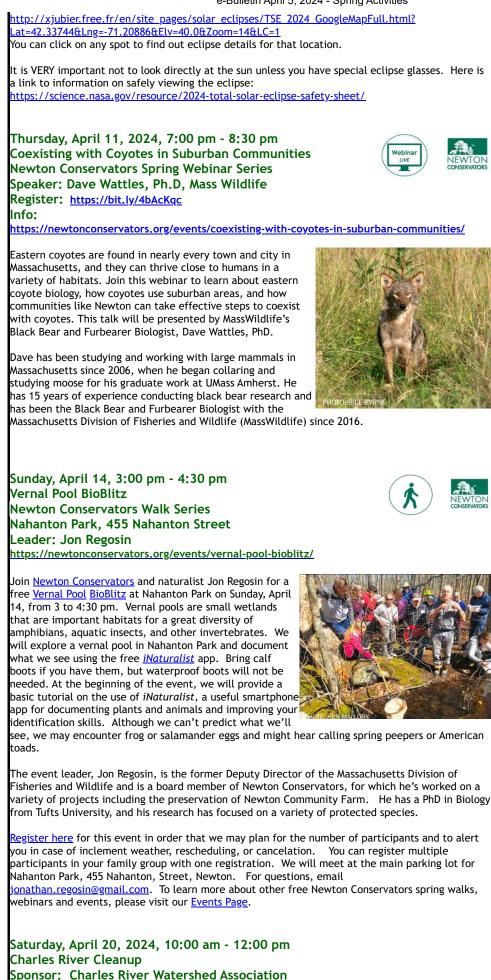
Monday, April 8, 2024, 2:15 pm - 4:39 pm (Peak Coverage at 3:30 pm) Partial Solar Eclipse in Newton

Newton will be in the path of the solar eclipse this coming Monday afternoon, but only partially. The eclipse here will begin around 2:15 pm, with peak coverage of around 93% around 3:30 pm, and ending at 4:39 pm. The path of totality is, unfortunately, a bit further west and north of Newton. The weather forecast for Newton is sunny with a high of around 60F.

The Mass Department of Education has a website with useful links devoted to the eclipse in Massachusetts at: https://www.doe.mass.edu/stem/ste/eclipse.html.



An excellent detailed worldwide map of the path of the eclipse can be found at this link (this link centered on Newton):



Register: <u>https://www.crwa.org/events/cleanup</u>

Help volunteers organized by the Charles River Watershed Association (CRWA) clean up the Charles River on Earth Day. Clean-up work will be done at multiple locations along the river in Newton and other communities. The Earth Day Charles River Cleanup builds on a national effort as part of American Rivers' National River Cleanup®, which has removed over 25 million pounds of trash from America's waterways. Our cleanup brings together over 3,000 volunteers each year to pick up litter, remove invasive species and assist with park maintenance along all 80 miles of the Charles River.



By volunteering with CRWA, you'll be able to participate in the cleanup of the parks, forests, and paths along the upper portion

of our river in Newton, Weston, Wellesley, Dedham, and more! In an effort to be more environmentally friendly, we encourage volunteers to bring their own pair of gloves. Trash bags, picker-uppers, and other cleanup materials will be supplied to those who wish to participate.

Sunday, April 21, 2024, 2:00 pm - 3:30 pm Newton Aqueducts Hike Newton Conservators Walk Series Leader: Henry Finch

https://newtonconservators.org/events/newton-aqueducts-hike-4/

Join <u>Newton Conservators</u> on a five-mile <u>Newton Aqueducts Hike</u> through woods, meadows, and fields along the Newton sections of the <u>Sudbury and Cochituate</u> <u>aqueducts</u> on Sunday, April 21 at 2 pm. The hike will be led by local architect and hiking enthusiast, Henry Finch. This is a steady but not fast hike. Participants should be in sufficiently good shape to keep up with the group. There are cutoffs for those who wish to shorten the hike and several T stations are along the route. The aqueducts date from



GreenNewton

NEWTON'S

EARTH DAY

FESTIVAL

Sunday, April 21 12-4 pm Newton North

High School

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the mid-1800's and originally served to provide water from the Sudbury River and Lake Cochituate to reservoirs in the Boston area. They run through Newton in residential neighborhoods and may not be familiar to many of our residents. Meet in front of the Starbucks coffee shop (474 Woodward Street, Waban) near the Waban MBTA station. For questions, contact Henry Finch (617-964-4488). To learn more about other free Newton Conservators spring walks, webinars and events, please visit our <u>Events Page</u>.

Sunday, April 21, 2023, Noon - 4:00 pm Newton's Earth Day Festival 2024 Organized by Green Newton Newton North High School, 457 Walnut Street <u>https://greennewton.org/earthday2024/</u>

Come visit our Newton Conservators booth at Green Newton's Earth Day Celebration. Note the change of venue from previous years. This year the festival will be at Newton North High School rather than at City Hall!

Celebrate with Green Newton at Newton's Earth Day Festival on Sunday, April 21 (12-4pm) at Newton North High School! This special event is full of opportunities to learn how to go green, live more sustainably, and save energy in your home and on the road! Plus:

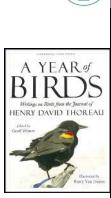
- Fun activities for the whole family live music, petting zoo, face painting, and more
- An electric vehicle expo where you can check out the latest EVs and chat with their owners
- Delicious and sustainable food

See a full list of activities and more information at <u>https://greennewton.org/earthday2024/</u>

In the event of rain, the event will take place indoors. Newton's Earth Day Festival is hosted by Green Newton, the City's Climate Team, and Newton's EV Task Force.

Tuesday, April 23, 2024 7:00 pm A Year of Birds: Writings on Birds from the Journal of Henry David Thoreau Webinar presented by: Peter Alden Register HERE

Peter Alden presents excerpts from the new book published by Mercer University Press in association with the Thoreau Society that chronicles journal entries by renowned naturalist Henry David Thoreau. From his beloved Concord home, Thoreau wrote detailed journal entries depicting the various species of birds and their behaviors. Thoreau's birding journal contrasts his meditative lifestyle against the rapid industrialization in Concord and beyond. "While millions have read Walden, many fewer have read even part of Henry's enormous Journal" writes Alden. "Virtually every day he wrote about various birds that he saw, heard, or were reported to him." Alden recounts how bird populations have changed since this time, a reminder of the fragility of our ecosystem. The passages were selected by Geoff Wisner of the Thoreau Society Board, Peter Alden was the scientific



editor and wrote the foreword, while Princeton Mass artist Barry Van Dusen contributed 150 color paintings of these birds.

Hemlock Gorge Spring Cleanup Saturday, April 27, 2024, 9:30 am - 2:00 pm Sponsor: Friends of Hemlock Gorge Hemlock Gorge - 2 Hamilton Place, Needham, MA https://hemlockgorge.org/events/2024-spring-cleanup-of-hemlock-gorge/

Help clean up Hemlock Gorge during the Friends of Hemlock Gorge Annual Spring Cleanup. The Friends' Annual Spring Cleanup of the park will take place on Saturday, April 27. Parking is available at 2 Hamilton Place on the Needham side, the Mills Falls parking lot, and at the Hemlock Gorge parking lot at the intersection of Ellis Street and Route 9. Volunteers should meet at Hamilton Place from 9:30 to 10:00 a.m. The Friends will provide gloves, trash bags, and pickup sticks. Dress appropriately for walking off the



trails and the weather. The Friends will provide a pizza lunch starting at 11:45 am with drinks, picnic tables and chairs for volunteers at the Stone Building. Let them know when you sign in if you would like lunch. The DCR will collect the trash bags the following week.

Saturday, May 4, 2024, 8:00 am - 10:00 am Spring Birding at Cold Spring Park Newton Conservators Walk Series Leader: Pete Gilmore Cold Spring Park, 1200 Beacon Street, Newton

https://newtonconservators.org/events/birding-at-cold-spring-park-6/

May is the peak time for migrating birds passing through the Newton area on their way north.Join <u>Newton Conservators</u> for a free <u>Spring</u> Birding Walk on Sunday, May 4, from 8 to 10 am at Cold Spring Park, one of Newton's premier birding locations. Participants will meet near the turnaround at the end of the left side of the Beacon Street parking area. This is an easy walk on flat woodland trails. We will look for resident birds as well as spring migrants. Beginners and children are welcome! The trip Leader is experienced birder, Pete Gilmore (petegilmore79@gmail.com). To learn more about other free Newton



Conservators spring walks, webinars and events, please visit our Events Page.

Sunday, May 5, 2024 NewtonSERVES Newton Conservators Projects https://www.newtonma.gov/government/parks-recreationculture/newton-serves



NewtonSERVES is Newton's annual day of service and is being administered through the Newton



Sunday, May 12, 2024, 8:00 am - 10:30 am Mother's Day Bird Walk at Nahanton Park Newton Conservators Walk Series Cosponsored by Friends of Nahanton Park Leaders: Alison Leary & Haynes Miller



https://newtonconservators.org/events/mothers-day-bird-walk-at-nahanton-park/

Join <u>Newton Conservators</u> and <u>Friends of Nahanton Park</u> on Sunday, May 12 from 8 to 10:30 am for a free <u>Mother's Day Bird Walk</u> at <u>Nahanton Park</u>. This park offers a mix of woodlands, wetlands, edge habitat, and meadows along the Charles River, making it one of the best birding spots in Newton for migrants as well as resident species. The group will meet at the Nahanton Street entrance to Nahanton Park which is next to the river. Parking is available inside the park. Bring binoculars if you have them. Beginners as well as experienced birders are welcome. Waterproof shoes are recommended. The walk will be canceled in steady rain. The trip



Leaders are experienced birders, Alison Leary (617-821-5619) and Haynes Miller (617-413-2419). To learn more about other free Newton Conservators spring walks, webinars and events, please visit our <u>Events Page</u>.

Saturday, May 18, 2024, 10:00 am - 4:00 pm Newton Family FunFEST Newton City Hall - War Memorial Circle https://www.newtonma.gov/government/parks-recreation-culture/cultural-development/family-funfest

Look for the Newton Conservators table and tent at the Newton Family FunFEST. We'll have some kids' activities. Newton Family FunFEST is a celebration of art and entertainment for all ages, including live musical performances, a carnival, arts & crafts workshops, live public art event, vendor booths and more. See the link above for details.

Sunday, May 19, 2024, 10:00 am - 2:00 pm Waban Village Day Waban Center, Beacon Street

https://wabanimprovement.org/village-day-2024/

Look for the Newton Conservators table and tent at Waban Village Day in Waban Center. The annual Waban Village Day and Family Fun Run is on Sunday, May 19, 2024. These family-friendly events will be kicked off by the Family Fun Run at 10:00 AM and continue throughout the day in Waban Square with rides and amusements for kids of all ages, vendor tables, music, food, and ice cream.

Thursday, May 23, 2024, 7:00 pm - 8:30 pm Pesticides and Children's Health: How can we protect our community? Newton Conservators Spring Webinar Series Speaker: Sarah Evans, PhD Register: <u>https://bit.ly/3wduVlc</u>

https://newtonconservators.org/events/pesticides-and-childrens-health-how-can-we-protect-our-community/



Sarah Evans, Assistant Professor of Environmental Medicine and Public Health at the Icahn School of Medicine at Mount Sinai, will share the latest science on how pesticides impact health, children's unique vulnerability, and steps that families can take to reduce pesticide exposures.

Sarah Evans PhD, MPH, obtained her doctorate in neuroscience from Weill Cornell Medical College and her master's degree in public health from Mount Sinai, where she also completed a three-year fellowship in

Environmental Pediatrics. Her research focuses on how early-life environmental exposures shape the brain and behavior. Dr. Evans is committed to translating research into action to promote safer practices and policies that protect families from toxic chemicals.

Saturday, June 1, 2024, 10:00 am - 11:30 am Spring Ramble Through Webster Woods Newton Conservators Walk Series Leader: Barbara Bates https://newtonconservators.org/events/spring-ramble-through-webster-woods/



Join Barbara Bates from Newton Conservators for an easy 1.5 mile ramble in Webster Woods to see

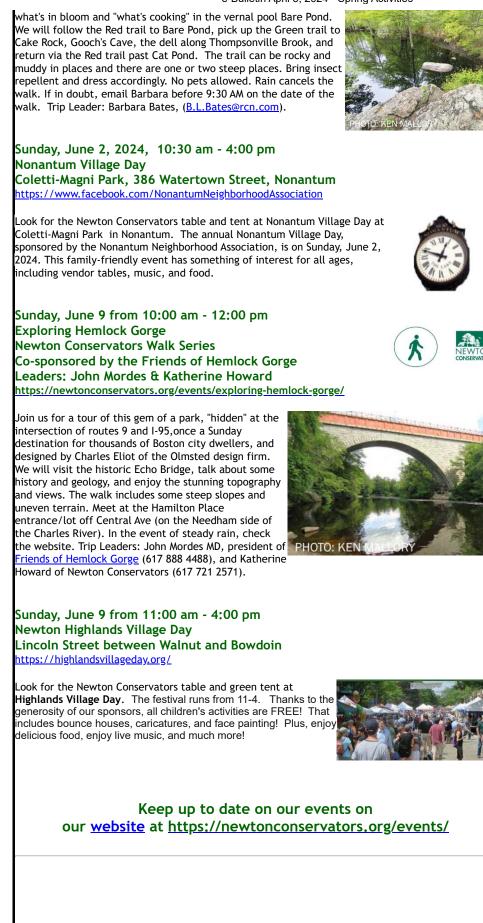




NEWTON

CULTURAL

DEVELOPMENT















lack Swallow-wort Japanese Knotweed

Invasive Removal Events

The Newton Conservators' Invasives Team conducts invasive plant removal sessions throughout much of the year. We work in many of Newton's parks and conservation areas. The City of Newton and the state (Department of Conservation and Recreation) support us administratively and with debris removal.

Invasive non-native plants take over large areas quickly and disrupt the local ecosystems and food chains of plants, insects, birds, and other animals, harming biodiversity. Human activity caused this problem, and our intervention is needed to prevent the invasives from taking over. Our efforts make room for threatened native species, and we also add new native plantings in selected areas.

You can help by joining our efforts, or just by learning to identify the plants in your own yard and favorite areas. Newton Conservators' website section on invasive plants includes photos and tips for identification and management: <u>https://newtonconservators.org/invasive-plants/</u>

You are welcome to join in these efforts. The sessions will be published as Events on our website; and if you would like to receive notices and updates about our plans, you can get on our invasives email group list by emailing <u>Invasives@newtonconservators.org</u>. There is no obligation, and you can come to as many or as few of the sessions as you like.

Here is the current list of possible invasive removal events. Watch for them on the Events page of our website at <u>https://newtonconservators.org/events/</u> or email us to be certain.

- April 21 Sun 9:30-11 Cold Spring Park
- April 27 Sat 9:30-12 Hemlock Gorge cleanup Scouts doing invasives
- April 28 Sun 9:30-11 Sawmill Brook
- May 4 Sat 9-11 Quinobequin
- May 4 Sat 1-3 Upper Falls Greenway
- May 5 Sun 9:30-12 Cold Spring Park, NewtonServes
- May 5 Sun 9:30-12 Dolan Pond, NewtonServes
- May 5 Sun 9:30-12 Nahanton Park Woodcock Meadow, NewtonServes
- May 5 Sun 1-3 Houghton Garden. NewtonServes
- May 11 Sat 9:30-12 Cold Spring Park
- May 11 Sat 1-3 Riverside Park and Pony Truss Trail
- May 12 Sun 9:30 12 Saw Mill Brook
- May 12 Sun 2-4 Blue Heron Bridge
- May 18 Sat 1-3 Nahanton (Woodcock Meadow)
- May 19 Sun 1-3 Houghton Garden
- May 25 Sat 9:30 Cold Spring Park
- May 26 Sun 12-1:30 Quinobequin
- June 1 Sat 9-12 Hammond Pond
- June 2 Sun 9:30-12 Saw Mill Brook
- June 2 Sun 1-4 Blue Heron Bridge
- June 8 Sat 9:30-12 Cold Spring Park
- June 15 Sat 9:30-11:30 Dolan Pond
- June 15 Sat 2-4 Hemlock Gorge
- June 16 Sun TBD Crystal Lake
- June 29 Sat 9:30-12 Cold Spring Park, BSW & Wisteria
- June 30 Sun 1-3 Crystal Lake
- July 6 Sat 9:30 Hemlock Gorge
- July 7 Sun 1-3 Hemlock Gorge, BSW

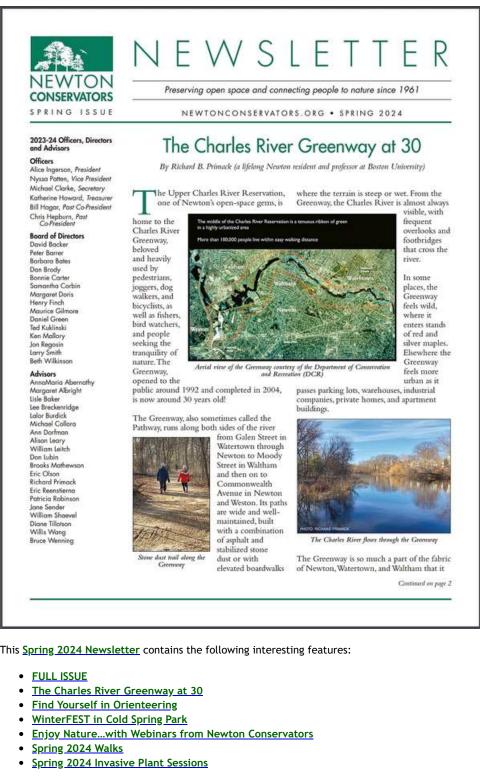
Newton Conservators Social Media

Please consider following Newton Conservators on our social media channels and join our 963 followers on Facebook, 1052 followers on Instagram, and 156 subscribers on YouTube. The easiest way to get to our channels is from our website's home page menu bar (see the red circled area below). Just click on the small icons on the right of the menu bar for Facebook, Instagram, and YouTube respectively.



Newton Conservators Newsletter

The Spring 2024 edition of our Newton Conservators is now available on our <u>website</u>.



PLEASE JOIN OR RENEW YOUR NEWTON CONSERVATORS MEMBERSHIP



We would be most grateful if you renewed your membership or joined us officially for the first time to support our important open space work! The challenges of protecting, enhancing and expanding open space in Newton continue. We hope that you will continue to support the Conservators efforts NEWTON in these regards by renewing your membership for 2024 or joining us if you are

Perhaps consider renewing at a higher level, adding a new donation, or purchasing a gift membership for someone else who is passionate about open space. As a 501(c)(3) non-profit, we also accept donations for a number of affiliated local open space groups. As part of the donation

process, you can specify specific funds. This year we call your attention to our special "Trails Fund" in support of additional trails work in Newton. Thanks so much!

Our <u>Trail Guide</u> and <u>Nature Almanacs</u> make great holiday presents and are available on our website. The Trail Guide is included as part of your initial membership package.

You can renew or join the Newton Conservators online at <u>https://newtonconservators.org/membership/</u>. Donations may be made at our securely via our website at <u>https://newtonconservators.org/ways-to-give/</u>.



Newton Conservators promotes the protection and preservation of natural areas, including parks, playgrounds, forests and streams, which are open or may be converted to open space for the enjoyment and benefit of the people of Newton. It further aims to disseminate information about these and other environmental matters. A primary goal is to foster the acquisition of land, buildings and other facilities to be used for the encouragement of scientific, educational, recreational, literary and other public pursuits that will promote good citizenship and the general welfare of the people of our community.

Newton Conservators is committed to fostering a sense of belonging for all people in Newton's open spaces by:

- planning and evaluating all of our activities through a diversity, equity, inclusion, and justice (DEIJ) lens
- continually educating ourselves and our constituents about DEIJ issues
- building authentic relationships with regional organizations serving historically marginalized people
- working to include previously underrepresented people on our Board and among our members, program participants, and open space visitors
- diversifying all with whom we partner and do business.
- E-Bulletin Editor: Ted Kuklinski, Newton Conservators (ebulletin@newtonconservators.org)

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